Alison Higgins & Jo Duhig

Co-Headteachers

Email: office@barham.kent.sch.uk



Barham CE Primary School Valley Road Barham, Canterbury Kent CT4 6NX

Tel: 01227 831312

November 13th 2025

Dear Parents and Carers,

I am writing to share an important update regarding food and treats in our school environment, which has been carefully considered to keep everyone safe.

There has been a significant increase in the number of children with serious allergies within our school community. These allergies are not merely inconvenient; they represent genuine and potentially life-threatening risks. After careful deliberation, we have made the reluctant but necessary decision to implement a new policy that will not allow children to bring sweets, cakes, or any food items to distribute within their classes for birthday treats.

While we understand that sharing treats has long been a cherished tradition for celebrating birthdays and special occasions, the potential health risks have compelled us to prioritise the safety of all our pupils. We recognise that this decision may initially feel disappointing, but we are committed to finding alternative, inclusive ways to mark these important moments that do not compromise any child's wellbeing.

We would also like to remind everyone about the importance of avoiding any products containing nuts in packed lunches and snacks. This also applies to children attending Kingfishers. This includes many chocolate spreads such as Nutella, cereal bars and pesto sauces.

Thank you for your understanding.

Yours sincerely,

Alison Higgins Jo Duhig

Al Higgins JOM

Co-headteacher Co-headteacher









